



HEARTBEAT EPWORTH INCORPORATED

A report to members and supporters of the
activities and financial situation of Heartbeat
Epworth for the Financial Year 2019-20

Annual Report
2019-2020

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President's Report for the Year Ended 30 June 2020

Overview of the Year

After more than 35 years of continuous service providing emotional support to many thousands of cardiac patients and donating more than \$2.3M for the purchase of cardiac equipment and sponsorship of cardiac nursing scholarships, Heartbeat Epworth's record of service to cardiac patients at Epworth was interrupted in 2020 by the COVID-19 virus restrictions.

From July 2019 to February 2020 our activities were progressing as planned and we had been moving surely towards meeting our commitment to contribute \$150,000 to the Heartbeat Epworth Cardiac Nurse Scholarship Fund. This all changed on 13 March 2020 when we had to stop working at Epworth hospitals and cancel most of our planned fundraising activity for the rest of the financial year. Even though we were able to proceed with membership renewals and the Annual Appeal, we were unable to offset the impact of suspending other fundraising activity and finished the year well short of our fundraising target.

Despite the unusual circumstances in which we found ourselves and the unfortunate implications for our 2019-20 plans, Heartbeat Epworth's dedicated and hard-working Committee members, great team of volunteers and wonderful supporters achieved a great deal and we will be ready to spring back into action as soon as we are given the all clear to resume 'normal operations'.

Annual General Meeting

The Annual General Meeting (AGM) was held in the auditorium at Epworth Richmond on 11 October 2019 and we were pleased to welcome 45 members, 6 life members and 5 special guests to the meeting. The usual business of the AGM was conducted and the Committee for year 2019-2020 was elected. Our 2019-20 membership fee for the first year of membership was set at \$0.00 and the annual renewal for existing members was set to remain at \$20.00 for singles and \$30.00 for couples.

Scott Bulger (Epworth Medical Foundation) was overseas and unable to attend our meeting so Lou O'Connor (Executive Director Epworth Eastern) accepted our donation of \$120,000 on his behalf.

Our guest speaker was Professor Silvana Marasco. Prof. Marasco is a cardiothoracic surgeon at Epworth specialising in minimally invasive heart and lung surgery. She is also the Deputy Director of the Alfred Hospital Cardiothoracic Unit where she performs heart and lung transplants and implants mechanical heart assist devices.

Fay Woodhart of Horsham presented another of her beautifully-made quilts. We were unable to run the 2020 Mother's Day Raffle for which Fay's quilt would have been one of the prizes, but know from past experience that it will be a much sought-after prize when we are able to offer it in a raffle.

Sandra Rogers-Neal, daughter of our past Secretary Priscilla Rogers, made and donated a most beautiful Christmas cake to keep up the tradition her mother started for the AGM raffle many years ago.

Committee 2019-2020

Committee meetings scheduled for July 2019 - February 2020 occurred as scheduled. In the wake of the imposition of COVID-19 restrictions, the March 2020 meeting was cancelled. Meetings scheduled for April, May and June 2020 went ahead as planned but were held 'virtually' using an online meeting package in place of face-to-face meetings.

We would like to thank Catriona Shinkfield for joining us as a standing invitee to the Committee to record the proceedings of our meetings.

In January 2020 the Committee dedicated a day to finalising our planned activities for 2020, including numerous events, raffles and other fundraising activities as well as a review of our Patient Support Visits approach. With the pro-bono assistance of a business process consultant we worked through our current Patient Support Visits systems and processes and agreed to undertake some more detailed work to progress this important project at a separate workshop. The workshop was conducted in February and resulted in a revised approach to these visits which we were about to discuss with hospital management when COVID-19 restrictions were imposed. We plan to progress this very important project when we can.



2019-2020 Committee

Back row - left to right

Robert Saitta, Con Vlass, Bill Preston,
John Thurkle, Alan Lang, Kasi Nathan

Front row - left to right

Catriona Shinkfield, Fay Henderson,
Margo Kelly, Sylvia McGregor,
Marion Thurkle, Loula Vlass

Not in photo

Ted Williams, Ian Gould, Wayne Motton

Donations to Epworth Medical Foundation

A total of \$150,000 was donated to Epworth Medical Foundation (EMF) in the 2019-20 financial year. A cheque for \$120,000 was presented to the Epworth Medical Foundation at the October 2019 AGM for the purchase of cardiac equipment. A further \$30,000 was donated on 30 June 2020 as an initial contribution towards the Heartbeat Epworth Cardiac Nurse Scholarship Fund.

Supporters

We greatly appreciate the support provided by the Epworth Medical Foundation (EMF) – Scott Bulger and his staff help us in so many ways to achieve our goals. For example, EMF is matching the \$150,000 we aim to raise for the Heartbeat Epworth Cardiac Nurse Scholarship fund with another \$150,000, bringing the total value of the fund to \$300,000. Sarah Dyke deserves a special mention for all the support she gave Heartbeat during the COVID-19 restrictions while we haven't been able to go to Richmond. Sarah has done all sorts of tasks including running errands in the hospital, forwarding mail, printing letters and printing Zippers.

This year EMF donated many items to Heartbeat to include in our fundraising activities, including a selection of wonderful wine from Levantine Hill winery which we drew on as the prize for the sell-out Richmond Father's Day raffle.

At Epworth Eastern, Con and Loula were supported magnificently by Louise O'Connor, (Executive Director Epworth Eastern), Kerry May (previously Chief Operations Manager and now Executive General Manager Eastern), Samantha Laird (Executive Assistant) and the staff at Reception who continued to support our efforts by selling raffle tickets when our sales table wasn't operating.

We are also supported by many businesses, community groups and individuals who donate goods for raffles, auctions, craft stalls, etc. Fay Woodhart of Horsham, and Kay Wagland of Launceston each made and donated a beautiful quilt. These quilts were intended to be used as prizes in the Richmond Mother's Day Raffle but we will find an opportunity to offer these generous donations as raffle prizes at a later date.

We would like to make special mention of Jenny Bradford of Canberra (who frequently donates craft items), Karen and Neil Bradford who contribute so much to North West Group's fundraising activities, and Tim Acton who is our auctioneer extraordinaire at the Café Blac fundraising lunches and this year was a major donor to the Heartbeat Epworth Cardiac Nurse Scholarship Fund.

There are also many members and local groups who knit, sew and craft a vast range of items for us to sell on our stalls - unfortunately we can't list them all here.

A very big thank you to all our supporters. Our achievements are only possible because of your generous gifts and support.

Membership

Maintaining membership numbers remains one of our greatest challenges. We continued to raise the profile of our organisation during Patient Support Visits and in presentations to the outpatient rehabilitation programs at Epworth Richmond and Epworth Camberwell, but our membership continues to fall.

The review of the Patient Support Visits arrangements highlighted a number of opportunities for creating stronger connections with and better support for cardiac patients, as well as the potential to grow membership. We are keen to implement the proposed new arrangements once we have Epworth approval for our new approach and are able to re-commence Patient Support Visits.

Volunteers

In January 2020 we held a very successful volunteer get-together at Richmond, with everyone enthusiastically sharing ideas for the coming period. The importance of building relationships, keeping in touch and sharing information were highlighted so we agreed to meet more frequently. In COVID-19 times we tried to keep the connection with our volunteers going by running volunteer meetings via Zoom, enabling us to keep people in contact with each other and up-to-date with hospital activities.

More than 50 volunteers work for Heartbeat Epworth across locations and in all sorts of activities - not just on hospital-based sales tables. Many of them work behind the scenes helping Committee members prepare for events, including all those who Help Robert Saitta, Ted Williams and the North West Group team to organise the popular Christmas in July and Christmas lunches. Others such as Joan Bone and Justine Middleton give their time to undertake a range of administrative tasks that keep our organisation running smoothly. Thank you to everyone who made such an important contribution to Heartbeat Epworth.

Margo Kelly organised our very dedicated team of sellers for the sales tables at Richmond. Ruth Crockett comes down by train and tram from Yea once a week, Kevin O’Dea steadfastly works every Wednesday, John Thurkle works on Mondays and Fridays, Wayne Motton on Tuesdays, and Joan Bone on Thursdays. Hugh Videon, Shirley Chung, Bernadette Hodgkinson, Wolfgang Ott, Maree Hughes, Elaine Malley, and Lauris Murnane also undertook regular shifts on the tables and lunch relief was provided by Margo, John, Robert and Bill.

We also recognise the efforts of our small but stalwart band of volunteers at Epworth Eastern. Con and Loula, ably supported by Evelyn Robinson, are well-recognised ambassadors for Heartbeat Epworth and highly regarded for their efforts and achievements.

On behalf of the Committee, thank you to all volunteers for your time and great work.

Zippers

The new format of *Zippers* was introduced in the April/May 2019 issue. Most issues are now eight pages long, allowing us to include much more news and information about Heartbeat Epworth and the people associated with it. The feedback has been very positive.

The Committee would like to thank all our regular contributors to *Zippers* - our Committee members, Julia Sanderson (Scholarships) Nancy Thurston and Ross Baxter (HeartSmart), Rev. Lauren Mosso and her team (Pastoral Care) – as well as Sheila Ross for her editorial efforts to prepare each issue for production. We would also like to extend our thanks to EMF for printing the hard copies that are distributed to members who don’t have email addresses and to patients while they are in hospital.

We are now distributing approximately 200 hard copies and another 175 emailed copies of each *Zippers* issue.

Scholarships

Three scholarships, each valued at \$6,000, were awarded in November 2019 for study in 2020. The COVID-19 pandemic has interrupted some planned scholarships activity but recipients are able to carry-over their scholarship funds to 2021. This year’s scholarships were awarded as follows:

Recipient	Field of Study	Status
Jane Tingate Graduate Nurse Epworth Richmond	Graduate Certificate in Critical Care Nursing	Activity in progress
Tess Moore Registered Nurse Epworth Richmond	Master of Nursing Practice	Activity in Progress
Sarah Ludik Registered Nurse Epworth Richmond	Master of Nursing Practice	Scholarship deferred

Epworth Richmond

In 2019-20 Heartbeat Epworth funded the purchase of a sternal saw, a minimally-invasive mitral valve tray and a coronary special instrument tray valued at \$85,000.

During the 2019-20 financial year, fundraising activity at Epworth Richmond raised \$46,500.

Activities at Richmond were in full swing until December 2019 when we took a break over Christmas before returning to work in February 2020 to commence sales of the Epworth Raffle.

Patient Support Visits, an important part of our program at Richmond, continued up until February 2020. A very sincere thanks to our members who do these Visits (Fay Henderson, Margot Kelly, Sylvia McGregor, Zwany Stoker, Alan Lang, John Thurkle, Hugh Videion and Wayne Motton) and to Marion Thurkle who arranges the Visitor roster. Bill Preston also presents to cardiac rehabilitation groups at Richmond and Camberwell.

The Craft Stalls were held at least once a month. Led by Marion Thurkle with strong support from Maree Hughes, Heera Nayak, Bernadette Hodgson and Avril Lowry, these volunteers make and donate many of the items for sale. We are also very grateful to other supporters who made and donated lovely craft for the Stalls and our regular raffle sales tables.

From July-December 2019 we ran our Father's Day Raffle, Spring Quilt Raffle and Christmas Hamper Raffle. All goods for the raffles were donated. We are very grateful for the beautiful quilts made and donated by Faye Woodhart, Horsham and Kay Wagland, Launceston. A special thank you to Sylvia McGregor for the preparation of the baskets and raffle prize presentations which always look amazing. These raffles were very successful and we thank our wonderful volunteers who worked on the sales tables at the Epworth Centre and Epi Café.

Christmas card sales were also successful with very little carry-over stock. All our cards are produced locally and acknowledge support for Heartbeat Epworth. The quality of the cards and a wide range of designs makes them a popular sales item and we have many repeat purchasers.

Entertainment Books

Thank you to Fay Henderson and Samantha Laird who coordinated the sale of Entertainment Books at Richmond and Epworth Eastern respectively. Change of ownership of Entertainment Books in late 2019 has brought many changes to the business, the most significant being that Entertainment Books will now only be available in digital version. The income reflected in this report was from sales of hard copy books in the first part of 2019. The change to digital versions and COVID-19 had a significant negative impact on our sales in the first half of 2020 and will be reflected similarly in our income from this source in 2020-2021.

North West Group

In 2019-20 the North West Group contributed more than \$15,000.00 to the Heartbeat Epworth central fund.

Fundraising events prior to the COVID-19 restrictions in 2020 included our traditional Xmas in July and Xmas luncheons, and a Melbourne Shopping Tour. Unfortunately, despite the wonderful efforts once again of Betty Logan to organise this popular event, we had to cancel our "Gamekeepers" lunch scheduled for April 2020. We'd like to thank the team at Central Steel for another generous donation of \$500.00 to support our fundraising efforts and acknowledge the special efforts of Shirley Chung who realised a profit in excess of \$500.00 for the Shopping Tour.

All funds were raised through the time and hard work of a large number of our members, families and friends plus generous support from Heartbeat Epworth Committee members and volunteers.

South Eastern Group

In 2019-2020 an ECG machine, Cosgrove Flexible Clamp, and micro cardiac instruments costing a total of \$65,000 were funded jointly by Heartbeat and Epworth Medical Foundation.

During the 2019-20 financial year Epworth Eastern raised over \$12,000.

Con and Loula Vlass with volunteer Evelyn Robinson started off the year running the sales table at least twice a week, ably supported by occasional volunteer Nilma Wrice. They had strong support from Lesvia Bain who kindly donated many craft items. Major renovations to the hospital and an overseas trip by Con and Loula prevented running of the sales table and Spring Raffle from mid-August to October 2019 and, after Con and Loula returned, reduced sales table activity to a smaller sales table one day a week. The sales table raised \$4,500.

The Father's Day Raffle and Christmas Raffle raised a combined total of more than \$4,500. We thank the reception staff at the hospital for their support in selling raffle tickets.

The regular sausage sizzles held at the hospital continued to be popular with staff and visitors. Together with the takings from one Bunnings sausage sizzle, we raised \$3,200 from this activity. Thanks also to Cat Shinkfield for her help with the sausage sizzles and our band of supporters who regularly staff the shifts at Bunnings sausage sizzles.

South Eastern Group held four regular get-togethers at the Burgess Family Centre in Box Hill North followed by lunch at Box Hill RSL Club. Guest speakers at the meetings were: David Davis, of David Davis and Associates, who spoke about estate planning; Laural Gourlay of Dementia Australia ran a session on being dementia-friendly; and Erica Wilkie of Prime Care helped us demystify aged care in-home and residential services. At our last meeting for the year held on 13 March 2020 we viewed the Epworth Centenary video.

Members

Finally, we take this opportunity to thank our members and their families for their support during this year. Without members who renew their membership, attended functions, purchase raffle tickets and other items, and make donations to our Annual Appeal we would be unable to make the contribution we do and difference we make to cardiac care at Epworth. Thank you.

Bill Preston
President

Statement by Members of the Committee

Heartbeat Epworth Inc.

A.B.N. 63 047 089 954

2020 Financial Statements

Statement by Members of the Committee

The Committee has determined that the Association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Committee:

1. Details as set out in the accompanying financial statements present a true and fair view of the financial position of Heartbeat Epworth Inc. as at 30 June 2020 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that Heartbeat Epworth Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

Bill Preston
President

Kasi Nathan
Secretary

Dated 22 September 2020

Income and Expenditure Statement

Heartbeat Epworth Inc. Income and Expenditure Statement For the Year Ended 30 June 2020

	2020	2019
	\$	\$
Revenue:		
Membership	6,840	5,240
Donations	29,406	40,171
Fundraising Activities	65,860	91,396
Interest Received	675	795
Total Revenue	102,781	137,602
Less Fundraising Costs	10,002	22,556
Net Surplus Before Overheads	92,779	115,046
Less Overheads & Administration		
Bank Fees and Charges	681	661
Computer Software Licence Fees	3,006	1,364
Insurance	3,512	1,956
Stationery and Office Costs	115	517
Loss on disposal on Non-Current Assets	1	-
Total Overheads and Administration	7,315	4,498
Surplus Before Donations	85,464	110,548
Donations to Epworth Medical Foundation	148,000	120,000
(Deficit) / Surplus	(62,536)	(9,452)

Statement of Changes in Equity For the Year Ended 30 June 2020

	2020	2019
	\$	\$
Retained Surpluses Brought Forward	71,819	81,271
Current Year Surplus/(Deficit)	(62,536)	(9,452)
Total Retained Surpluses	9,283	71,819

Balance Sheet

Heartbeat Epworth Inc. Balance Sheet as at 30 June 2020

	2020	2019
	\$	\$
Current Assets		
Cash and Bank Accounts		
Petty Cash	50	50
Westpac Cheque Account	1,027	9,522
Westpac Term Deposit	-	50,000
Bendigo Bank - North West Group	1,006	6,530
ING Cash Investment Account	-	-
Total Cash and Bank Accounts	<u>2,083</u>	<u>66,102</u>
Inventory	7,200	5,716
Deposits held by EMF	-	-
Total Current Assets	<u>9,283</u>	<u>71,818</u>
Non-Current Assets		
Office Equipment & Uniforms	-	659
Less Accumulated Depreciation	-	(658)
	<u>-</u>	<u>1</u>
Total Non-Current Assets	<u>-</u>	<u>1</u>
Total Assets	<u>9,283</u>	<u>71,819</u>
Less Liabilities	-	-
Net Assets	<u>9,283</u>	<u>71,819</u>
Represented by:		
Retained Surpluses:	<u>9,283</u>	<u>71,819</u>

Cash Flow Statement

Heartbeat Epworth Inc.
Cash Flow Statement
For the Year Ended 30 June 2020

	2020	2019
	\$	\$
Cashflow from Operating Activities		
Membership	6,840	5,240
Donations	29,406	40,171
Fundraising Activities	65,861	83,753
Payments to Suppliers	(18,801)	(11,769)
Operating Cash Flow	83,306	117,395
Cashflows from Investing Activities		
Payments for Non-Current Assets	-	-
Cashflows From Financing Activities		
Interest Received	675	795
Less Donations to Epworth Medical Foundation	(148,000)	(120,000)
	(147,325)	(119,205)
Net Increase/(Decrease) in Cash	(64,019)	(1,810)
Reconciliation of Cash Balances		
Cash at Beginning of Year	66,102	67,912
Add net increase/(decrease) in cash	(64,019)	(1,810)
Cash at End of Year	<u>2,083</u>	<u>66,102</u>
Reconciliation of Cash from Operations with Operating Surplus		
Operating Surplus/(Deficit) before Donations	85,465	110,547
Add: Depreciation (non cash)	-	-
Less: Interest Income	(675)	(795)
Less: Increase/(Decrease) in Inventory	(1,484)	7,643
Operating Cash Flow	<u>83,306</u>	<u>117,395</u>

Fundraising Information

Heartbeat Epworth Inc.
Fundraising Information
For the Year Ended 30 June 2020

	2020	2019
	\$	\$
Funds and Assets received as a result of Fundraising Activities	65,860	83,753
Expenditure on Assets	-	-
Expenditure on Wages, Salaries, Commissions and other remuneration in relation to fundraising activities	-	-
Administration expenses related to fundraising activities	7,315	4,498
Other Expenses related to fundraising activities (Cost of merchandise sales and raffles)	10,002	22,556

Notes to the Financial Statements

For the Year ended 30 June 2020

1. Statement of Significant Accounting Policies

The financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act Reform Act 2012. The Committee has determined that the Association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets. The following material accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of the financial statements:

(a) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short-term highly liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities on the balance sheet.

(b) Property, Plant and Equipment

Office and other equipment are carried at cost less, where applicable, less any accumulated depreciation. Minor assets (cost < \$1000) with an expected life of less than 3 years are depreciated in full in the first year. The depreciable amount of all other fixed assets are depreciated over the useful lives of the assets to the Association commencing from the time the asset is held ready for use.

(c) Revenue and Other Income

Interest revenue is recognised when credited to the bank account.
Revenue does not include any amount of goods and services tax (GST).

(d) Trade and Other Payables

Trade and other payables represent the liabilities at the end of the reporting period for goods and services received by the Association that remain unpaid.
Trade payables are recognised at their transaction price. Trade payables are obligations on the basis of normal credit terms.

e) Tax

The Association is a registered charity with the Australian Charities and Not for Profits Commission (ACNC) and is endorsed by the ATO as a "Deductible Gift Recipient" (DGR) meaning donors of gifts to the Association are able to claim a tax deduction for their gift. The ATO has allowed the Association Income Tax Exemption and GST concessions.

The Association is not registered for GST (and not required to be registered) with the Australian Tax Office. Therefore, expenses and assets are recognised at their gross cost including any amount of GST.
Receivables and payables are stated inclusive of the amount of GST receivable or payable.

2. Financial Liabilities

As at 30 June 2020, the Association has nil financial liabilities (2019: \$nil).

3. Capital Commitments

As at 30 June 2020, the Association has nil capital commitments (2019: \$nil).

4. Events subsequent to Reporting date

The COVID-19 crisis and the resulting restrictions have adversely affected the operation of the organisation since March 2020. This has substantially impacted the fundraising activities and patient support activities since that time. This impact in FY2020 is reflected in these reports.

The Committee is not aware of any other material events, subsequent to the reporting date, that would have an impact on the financial statement or on the affairs of the Association.

At the date of this statement, there are reasonable grounds to believe that Heartbeat Epworth Inc. will be able to pay its debts as and when they fall due.

Committee's Report

Heartbeat Epworth Inc. For the Year Ended 30 June 2020

The Committee is pleased to submit the financial report of the Heartbeat Epworth Inc. for the financial year ended 30 June 2020.

Committee Members:

The names of Committee members who were elected to manage Heartbeat Epworth Inc. at the date of this report are:

President:	Mr Bill Preston		
Vice Presidents:	Vacant		
Secretary:	Mr Kasi Nathan		
Acting Treasurer:	Mr Kasi Nathan		
Members:	Mr John Thurkle	Mr Alan Lang	Mrs Sylvia McGregor
	Mr Con Vlass	Mr Robert Saitta	Mrs Margo Kelly
	Mrs Marion Thurkle	Mrs Fay Henderson	Mr Ted Williams
	Mrs Loula Vlass	Mr Wayne Motton	

The Committee is responsible for the management of the Association as per delegation of powers granted by Heartbeat Epworth Inc. until a new Committee is installed.

Principal Activities

The principal activities of the Association during the financial year were to:

- To give support and reassurance to people and their families following hospital treatment for heart disease.
- To assist in the further development of cardiac units at Epworth hospitals by raising funds to provide additional equipment and services.
- To promote friendships between past cardiac patients, their families and supporters through meetings and social events.

The Committee assumed responsibility of Heartbeat Epworth Inc. on Friday 11 October 2019.

Significant Changes

No significant change in the nature of these activities occurred during the year.

Operating Result

The Deficit from ordinary activities (the Association is exempt from Income Tax) for the year ended 30 June 2020 amounted to \$ 62,536.

Bill Preston

President

Kasi Nathan

Secretary

Dated: 20 September 2020